

WHAT CAN WE DO AT HOME

Replace three frequently used light bulbs with compact fluorescent bulbs – reduce your carbon footprint by 450 pounds a year.

Carpool, use public transportation or drive a fuel-efficient car – reduce your carbon footprint by 1 pound for every mile you do not drive.

Keep your tires properly inflated and get better gas mileage – reduce your carbon footprint another 20 pounds for each gallon of gas saved.

Change your car's air filter regularly.

Run your dishwasher only when it is full.

Make sure your printer paper is 100% post-consumer recycled.

Move your heater thermostat down 2 degrees in winter and up 2 degrees in summer – reduce your carbon footprint by 2,000 pounds.

Keep your water heater insulated and the thermostat no higher than 120°F.

Clean or replace dirty air conditioner filters as recommended.

Take shorter showers because showers account for 2/3 of all water heating costs.

Use a low-flow showerhead because less water means less energy to heat the water – reduce your carbon footprint 350 pounds a year.

Use cold water to wash your clothes – reduce your carbon footprint by 500 pounds a year.

Buy locally and reduce the amount of energy required to drive your products to your store.

Buy products with less packaging and recycle – reduce your garbage by 10% and you will reduce your carbon footprint by 1,200 pounds a year.

Plant a tree because trees suck up carbon dioxide and make clean air for us to breathe.

Buy energy-efficient appliances.

Weatherize and insulate your home, and consider double-pane windows.

Turn off what you are not using and even unplug electronics you are not using – reduce your carbon footprint by thousands of pounds a year.

Buy organic food because the chemicals used in modern agriculture pollute the water supply, and require energy to produce.